

## **FRMSC Offers:**

*Beautiful facilities!*

*In-house chef!*

*Help finding a job!*

*Ability to be compliant on parole!*

*Also...*

- *Program Orientation*
- *Risk and Needs Assessment*
- *Individualized Treatment and rehabilitative plan*
- *Coordinated Case Management*
- *Trauma Treatment*
- *Substance abuse education and treatment counseling*
- *Referrals to other appropriate agencies as needed*
- *Domestic violence prevention*
- *Life skills development*
- *Parenting skills training*
- *GED preparation & educational services*
- *Job/Vocational Readiness and Employment Services/Job Retention*
- *Alumni group participation and discharge planning*



Bridges Professional Treatment Services offers drug and alcohol treatment programs for adult men and women. Our unique programs provide quality treatment in the Sacramento area, which includes residential treatment, outpatient treatment, transitional living, and individual counseling. Our highly trained and committed staff provide a confidential and supportive environment where individuals can begin the recovery process and improve their lives.

*To request a place at FRMSC,  
contact Parole Agent H. Griffith*

### **FRMSC**

*1731 P Street*

*Sacramento, CA 95811*

*Office: 916-930-0524*

*Cell: 916-591-9809*

*Fax: 916-231-3669*

**Tel: 916.930.0524**



**The Female  
Residential  
Multi-Service Center**

# The Female Residential Multi-Service Center

## FRMSC Mission

The FRMSC utilizes gender-responsive strategies in order to provide a safe environment where female offenders are treated with dignity and respect and are granted opportunities to increase their success in the community, live a crime-free and drug-free lifestyle, improve their employment status, improve their family relationships, discharge from parole, and reduce inter-generational crime and recidivism.



## Female Residential Multi-Service Centers

The Female Residential Multi-Services Center (FRMSC) is a 6-12 month residential program which offers a variety of gender-responsive services to eligible parolees and civil addiction order to facilitate their successful re-integration into society. FRMSC is managed by the Division of Adult Institutions, Female Offender Program



successful re-integration into society. FRMSC is managed by the Division of Adult Institutions, Female Offender Program

and Services unit, and works in collaboration with the Division of Adult Parole Operations.

## GOALS

- Develop better strategies and coping skills
- Re-unify with family members and children
- Enhance self-awareness and self esteem
- Establish stable residence in the community
- Increase employment skills
- Successfully re-integrate into society as a productive member
- Reduce recidivism

## What is Gender-responsive?

Gender-responsive means creating an environment through site selection, staff selection, program development, content, and material that reflects an understanding of the realities of the participants. Gender-responsive approaches are multi-dimensional and are based on theoretical perspectives that acknowledge women's pathways into the criminal justice system. These approaches address social (e.g., poverty, race, class, and gender inequality) and cultural factors, as well as therapeutic intervention. These interventions address issues such as abuse, violence, family relationship, substance abuse and co-occurring disorders. They provide



a strength-based approach to treatment and skill building. The emphasis is on self-efficacy. (Bloom and Covington, 2000)



## Exclusionary Criteria

Parolees required to register pursuant to Penal Code Section 290 or 457.1

In-custody parolees with pending local charges which could lead to incarceration at county jail

Parolee in need of detoxification

Case factors indicating that parolee would endanger themselves or others

Parolees unwilling to participate in the program

History of sex offenses or arson that do not require registration will be reviewed on a case-by-case basis

Parolees with convictions PC 667.5©, PC 1192.7©/ PC 1192.8 will be reviewed on a case-by-case basis

Validated prison gang members will be reviewed on a case-by-case basis